

Sociedade Columbofila Cantanhedense
Torneio Inter-Distrital de Clubes

Mealhada (POR) 07-05-2011

Sumário de resultados

Piscina curta (25m),

Apelido, Nome	Ano Nasc.	Strecke	Pl.	Tempo	Sessão	Antigo PB.	Difer.	
Alves Tiago Miguel	95 :	50m Livres		29.14		27.13	87%	Pt.
		50m Livres		28.63		27.13	90%	Pt.
		50m Livres	10	27.70		27.13	96%	Pt.
		100m Livres	Est	1:00.65		57.72	91%	Pt.
		100m Livres	10	59.76		57.72	93%	Pt.
Carvalho Eduardo Filipe	97 :	50m Livres		30.89		28.92	88%	Pt.
		100m Livres		1:04.85		1:00.22	86%	Pt.
		200m Livres		2:13.96		2:12.13	97%	Pt.
		400m Livres	6	4:29.27		4:29.29	100%	RP Pt.
		50m Mariposa		32.34		31.40	94%	Pt.
		50m Mariposa		32.06		31.40	96%	Pt.
		100m Mariposa		1:09.78		1:07.60	94%	Pt.
		200m Mariposa	9	2:27.65		2:28.07	101%	RP Pt.
		200m Estilos	8	2:27.59		2:24.49	96%	Pt.
Costa Maria Malaguerra	98 :	50m Livres	2	28.73		29.19	103%	RP Pt.
		50m Costas		34.77		32.08	85%	Pt.
		50m Costas		32.98		32.08	95%	Pt.
		50m Costas		34.26		32.08	88%	Pt.
		100m Costas	Est	1:10.75		1:08.47	94%	Pt.
		100m Costas	3	1:08.31		1:08.47	100%	RCSCC Pt.
		100m Costas		1:11.73		1:08.47	91%	Pt.
		200m Costas	2	2:27.85		2:26.84	99%	Pt.
Coutinho Alexandre Valdagua	97 :	50m Mariposa		30.88		31.17	102%	RP Pt.
		100m Mariposa	10	1:06.94		1:07.13	101%	RP Pt.
Duarte Ana Mafalda	99 :	50m Bruços		44.66		43.70	96%	Pt.
		50m Bruços		44.03		43.70	99%	Pt.
		100m Bruços	12	1:33.69		1:32.81	98%	Pt.
		100m Bruços		1:34.08		1:32.81	97%	Pt.
		200m Bruços	9	3:14.33		3:18.01	104%	RP Pt.
Guerra Mariana Cunha	98 :	50m Livres		29.91		28.93	94%	Pt.
		50m Livres		29.74		28.93	95%	Pt.
		100m Livres	Est	1:01.89		1:00.89	97%	Pt.
		100m Livres	1	1:01.01		1:00.89	100%	Pt.
		50m Mariposa		33.26		31.62	90%	Pt.
		50m Mariposa		31.60		31.62	100%	RCSCC Pt.
		100m Mariposa	2	1:07.53		1:07.88	101%	RCSCC Pt.
		200m Estilos	3	2:31.05		2:29.55	98%	Pt.
Machado Florbela Cavaco	96 :	50m Livres		33.37		29.24	77%	Pt.
		50m Livres		30.65		29.24	91%	Pt.
		100m Livres		1:08.29		1:02.81	85%	Pt.
		100m Livres		1:04.85		1:02.81	94%	Pt.
		200m Livres		2:17.13		2:12.71	94%	Pt.
		200m Livres		2:15.10		2:12.71	96%	Pt.
		400m Livres		4:37.03		4:35.58	99%	Pt.
		400m Livres	1	4:34.90		4:35.58	100%	RCSCC Pt.
		800m Livres	1	9:15.10		9:18.20	101%	RCSCC Pt.
		50m Mariposa		35.12		33.95	93%	Pt.
		100m Mariposa		1:14.48		1:13.66	98%	Pt.
		200m Mariposa	5	2:33.24		2:39.68	109%	RCSCC Pt.
		Neto Hugo Neves	94 :	50m Livres		30.29		26.35
100m Livres				1:03.57		59.51	88%	Pt.
200m Livres				2:10.39		2:05.50	93%	Pt.
400m Livres				4:25.58		4:27.62	102%	RP Pt.
800m Livres	4			8:52.92		9:12.61	108%	RCSCC Pt.
50m Bruços				33.88		33.21	96%	Pt.
50m Bruços				35.73		33.21	86%	Pt.
100m Bruços	5			1:12.02		1:11.69	99%	Pt.
100m Bruços				1:15.59		1:11.69	90%	Pt.
200m Bruços	5			2:37.14		2:39.06	102%	RP Pt.

Portasio Alexandro Malva	97 :	50m Costas		33.87	32.69	93%		Pt.
		50m Costas		33.45	32.69	96%		Pt.
		50m Costas		34.21	32.69	91%		Pt.
		100m Costas	Est	1:08.01	1:07.14	97%		Pt.
		100m Costas	8	1:08.04	1:07.14	97%		Pt.
		100m Costas		1:09.94	1:07.14	92%		Pt.
		200m Costas	6	2:23.13	2:24.21	102%	RP	Pt.
4 x 100m Livres Masc.	:	Alves Tiago Miguel Neto Hugo Neves	1:00.65 57.62	Portasio Alexandro Malva Carvalho Eduardo Filipe	1:00.31	8	4:01.54	
4 x 100m Livres Femin.	:	Guerra Mariana Cunha Costa Maria Malaguerra	1:01.89 1:01.39	Machado Florbela Cavaco Machado Vanessa Branco	1:02.40	2	4:10.00	RCSCC
4 x 100m Estilos Masc.	:	Portasio Alexandro Malva Carvalho Eduardo Filipe	1:08.01 1:19.36	Coutinho Alexandre Valdagua Alves Tiago Miguel	1:08.56	9	4:35.80	
4 x 100m Estilos Femin.	:	Costa Maria Malaguerra Machado Florbela Cavaco	1:10.75 1:29.16	Guerra Mariana Cunha Machado Vanessa Branco	1:10.10	6	4:55.19	RCSCC

Total 66 resultados individuais, desempenho médio: 95,2%
9 novos rec. Clube, 16 novos rec. pessoais
Maior melhoria: Machado Florbela Cavaco, 200m Mariposa 2:33.24