

Sociedade Columbofila Cantanhedense
Campeonatos Regionais de Clubes Infantis e Absolutos

Coimbra (POR) 18-06-/19-06-2011

Sumário de resultados

Piscina curta (25m),

Apelido, Nome	Ano Nasc.	Strecke	Pl.	Tempo	Sessão	Antigo PB.	Difer.	
Dias Diogo Rodrigues	98 :	50m Costas		38.92		38.84	100%	Pt.
		50m Costas		37.64		38.84	106%	RP Pt.
		100m Costas		1:21.08		1:19.63	96%	Pt.
		100m Costas	6	1:17.26		1:19.63	106%	RP Pt.
		200m Costas	7	2:48.06		2:49.11	101%	RP Pt.
Duarte Ana Mafalda	99 :	50m Livres		36.34		34.83	92%	Pt.
		50m Livres		37.29		34.83	87%	Pt.
		100m Livres		1:16.47		1:12.94	91%	Pt.
		100m Livres		1:17.76		1:12.94	88%	Pt.
		200m Livres		2:38.68		2:34.96	95%	Pt.
		200m Livres		2:40.60		2:34.96	93%	Pt.
		400m Livres	9	5:20.03		5:25.16	103%	RP Pt.
		400m Livres		5:27.99		5:25.16	98%	Pt.
800m Livres	5	11:00.31		11:33.56	110%	RP Pt.		
Duarte Ana Vanessa	99 :	50m Mariposa		40.20		37.82	89%	Pt.
		50m Mariposa		39.05		37.82	94%	Pt.
		50m Mariposa		40.71		37.82	86%	Pt.
		100m Mariposa	5	1:23.94		1:22.49	97%	Pt.
		100m Mariposa		1:29.16		1:22.49	86%	Pt.
		200m Mariposa	3	3:06.08		3:06.82	101%	RP Pt.
		200m Estilos	7	3:03.82		3:03.40	100%	Pt.
Galhano Eduardo Reis	98 :	50m Mariposa		38.51		40.19	109%	RP Pt.
		100m Mariposa	7	1:22.89		1:23.26	101%	RP Pt.
Goncalves Diogo Mendes	97 :	50m Bruços		38.52		38.49	100%	Pt.
		50m Bruços		38.20		38.49	102%	RP Pt.
		100m Bruços	4	1:23.37		1:20.14	92%	Pt.
		100m Bruços		1:21.61		1:20.14	96%	Pt.
		200m Bruços	2	2:51.61		2:48.36	96%	Pt.
Marques Diogo Manuel	98 :	50m Livres		31.38		32.78	109%	RP Pt.
		50m Livres		33.08		32.78	98%	Pt.
		50m Livres		34.62		32.78	90%	Pt.
		100m Livres	Est	1:04.02		1:06.78	109%	RP Pt.
		100m Livres		1:09.52		1:06.78	92%	Pt.
		100m Livres		1:12.63		1:06.78	85%	Pt.
		200m Livres		2:25.68		2:29.79	106%	RP Pt.
		200m Livres		2:30.51		2:29.79	99%	Pt.
		400m Livres	6	4:56.72		5:04.18	105%	RP Pt.
		400m Livres		5:05.89		5:04.18	99%	Pt.
		800m Livres		10:18.41		10:25.02	102%	RP Pt.
		1500m Livres	4	19:22.08		19:46.98	104%	RP Pt.
		50m Mariposa		35.31		34.79	97%	Pt.
		100m Mariposa		1:16.21		1:14.37	95%	Pt.
200m Mariposa	2	2:40.57		2:52.24	115%	RP Pt.		
Mota Leandro Fernandes	98 :	50m Costas		35.74		33.79	89%	Pt.
		50m Costas		35.00		33.79	93%	Pt.
		100m Costas	5	1:13.40		1:11.76	96%	Pt.
		100m Costas		1:13.58		1:11.76	95%	Pt.
		200m Costas	3	2:33.53		2:34.18	101%	RP Pt.
Oliveira Francisco Miguel	97 :	50m Livres		32.63		30.98	90%	Pt.
		100m Livres		1:09.16		1:03.08	83%	Pt.
		200m Livres		2:23.79		2:15.79	89%	Pt.
		400m Livres		4:56.06		4:46.38	94%	Pt.
		800m Livres		10:01.07		9:46.04	95%	Pt.
1500m Livres	3	18:53.73		18:35.95	97%	Pt.		
Portasio Alexandro Malva	97 :	50m Livres		29.25		28.27	93%	Pt.
		50m Livres	1	28.22		28.27	100%	RP Pt.
		100m Livres	4	1:01.14		58.57	92%	Pt.

Samagaio Iolanda Santos	98 :	50m Livres		37.28	36.73	97%		Pt.
		50m Livres	8	37.25	36.73	97%		Pt.
		100m Livres	9	1:17.28	1:20.57	109%	RP	Pt.
Stefaniv Roman	98 :	50m Livres		30.91	30.35	96%		Pt.
		50m Livres	6	29.74	30.35	104%	RP	Pt.
		100m Livres	7	1:05.47	1:04.62	97%		Pt.
		50m Mariposa		35.07	34.18	95%		Pt.
		200m Estilos	6	2:39.82	2:41.96	103%	RP	Pt.
4 x 100m Livres Masc.	:	Marques Diogo Manuel	1:04.02	Stefaniv Roman	1:05.16	2	4:25.28	
		Mota Leandro Fernandes	1:04.27	Galhano Eduardo Reis				

Total 65 resultados individuais, desempenho médio: 97,3%
 0 novos rec. Clube, 21 novos rec. pessoais
 Maior melhoria: Marques Diogo Manuel, 200m Mariposa 2:40.57