

Sumário de resultados

Piscina longa (50m),

Apelido, Nome	Ano Nasc.	Strecke	Pl.	Tempo	Sessão	Antigo PB.	Difer.	
Alves Tiago Miguel	95 :	50m Livres		29.93		29.55	97%	Pt.
		50m Livres		31.71		29.55	87%	Pt.
		100m Livres		1:03.98		1:01.91	94%	Pt.
		100m Livres		1:07.22		1:01.91	85%	Pt.
		200m Livres	43	2:09.75		2:13.31	106%	RP Pt.
		200m Livres		2:16.48		2:13.31	95%	Pt.
		400m Livres	24	4:36.81		4:35.14	99%	Pt.
Costa Maria Malaguerra	98 :	50m Livres		31.22		32.80	110%	RP Pt.
		100m Livres		1:06.96		1:08.25	104%	RP Pt.
		200m Livres	46	2:21.58		2:23.84	103%	RP Pt.
		50m Costas		35.19		34.74	97%	Pt.
		50m Costas		36.03		34.74	93%	Pt.
		100m Costas	35	1:14.26		1:17.34	108%	RCSCC Pt.
		100m Costas		1:15.49		1:17.34	105%	RP Pt.
200m Costas	34	2:38.60		2:41.18	103%	RCSCC Pt.		
Guerra Mariana Cunha	98 :	50m Livres		30.94		29.79	93%	Pt.
		50m Livres		32.39		29.79	85%	Pt.
		50m Livres		33.12		29.79	81%	Pt.
		100m Livres	30	1:04.16		1:03.47	98%	Pt.
		100m Livres		1:06.63		1:03.47	91%	Pt.
		100m Livres		1:08.57		1:03.47	86%	Pt.
		200m Livres	26	2:16.43		2:17.92	102%	RP Pt.
		200m Livres		2:22.95		2:17.92	93%	Pt.
		400m Livres	24	4:54.42		4:46.19	94%	Pt.
		50m Mariposa		32.90	F	32.82	100%	Pt.
		50m Mariposa		33.59		32.82	95%	Pt.
		200m Estilos	13	2:35.11	F	2:36.34	102%	RCSCC Pt.
		200m Estilos	18	2:39.12		2:36.34	97%	Pt.
Machado Florbela Cavaco	96 :	50m Livres		31.99	F	31.26	95%	Pt.
		50m Livres		31.75		31.26	97%	Pt.
		50m Livres		32.17		31.26	94%	Pt.
		50m Livres		33.05		31.26	89%	Pt.
		100m Livres		1:06.75	F	1:04.06	92%	Pt.
		100m Livres		1:08.33		1:04.06	88%	Pt.
		100m Livres		1:06.10		1:04.06	94%	Pt.
		100m Livres		1:07.35		1:04.06	90%	Pt.
		200m Livres		2:16.81	F	2:14.89	97%	Pt.
		200m Livres	34	2:17.75		2:14.89	96%	Pt.
		200m Livres		2:18.55		2:14.89	95%	Pt.
		200m Livres		2:17.07		2:14.89	97%	Pt.
		400m Livres	12	4:37.68	F	4:38.20	100%	RP Pt.
		400m Livres		4:40.51		4:38.20	98%	Pt.
		400m Livres	10	4:35.70		4:38.20	102%	RCSCC Pt.
		800m Livres	7	9:23.42		9:31.20	103%	RCSCC Pt.

Total 44 resultados individuais, desempenho médio: 96,1%

5 novos rec. Clube, 12 novos rec. pessoais

Maior melhoria: Costa Maria Malaguerra, 50m Livres 31.22