

Sociedade Columbofila Cantanhedense
Torneio de Preparação - Infantis e Juvenis

Coimbra (POR) 04-06-2011

Sumário de resultados

Piscina longa (50m),

Apelido, Nome	Ano Nasc.	Strecke	Pl.	Tempo	Sessão	Antigo PB.	Difer.	
Alves Tiago Miguel	95 :	50m Mariposa		31.89		31.44	97%	Pt.
		100m Mariposa		1:11.28		1:08.70	93%	Pt.
		200m Estilos	2	2:32.09		2:28.18	95%	Pt.
		400m Estilos	1	5:11.82		5:11.65	100%	Pt.
Carvalho Eduardo Filipe	97 :	50m Mariposa		31.99		33.71	111% RP	Pt.
		50m Mariposa		32.24		33.71	109% RP	Pt.
		100m Mariposa		1:08.66		1:15.13	120% RP	Pt.
		200m Mariposa	1	2:26.09		2:42.14	123% RP	Pt.
		200m Estilos	2	2:27.30		2:34.47	110% RP	Pt.
Costa Maria Malaguerra	98 :	50m Livres		30.33		29.31	93%	Pt.
		100m Livres	1	1:03.21		1:04.40	104% RP	Pt.
		50m Costas		33.95		33.64	98%	Pt.
		100m Costas	1	1:10.97		1:13.90	108% RCSCC	Pt.
Coutinho Alexandre Valdagua	97 :	50m Livres		29.64		30.69	107% RP	Pt.
		100m Livres	1	1:00.91		1:05.12	114% RP	Pt.
		50m Mariposa		31.46		33.44	113% RP	Pt.
		100m Mariposa	1	1:07.90		1:13.77	118% RP	Pt.
Dias Diogo Rodrigues	98 :	50m Costas		39.64		41.75	111% RP	Pt.
		50m Costas		39.64		41.75	111% RP	Pt.
		100m Costas		1:22.98		1:26.43	108% RP	Pt.
		100m Costas	2	1:20.83		1:26.43	114% RP	Pt.
		200m Costas	5	2:49.51		2:56.01	108% RP	Pt.
Duarte Ana Mafalda	99 :	50m Livres		36.66		37.10	102% RP	Pt.
		100m Livres		1:17.63		1:19.02	104% RP	Pt.
		200m Livres	4	2:40.85		2:44.88	105% RP	Pt.
		50m Costas		41.64		--	RP	Pt.
		100m Costas		1:25.76		1:27.33	104% RP	Pt.
		200m Costas	3	2:53.60		--	RP	Pt.
Duarte Ana Vanessa	99 :	50m Livres		37.65		39.48	110% RP	Pt.
		100m Livres		1:20.12		1:23.82	109% RP	Pt.
		200m Livres	8	2:46.19		2:58.34	115% RP	Pt.
		50m Mariposa		39.69		40.48	104% RP	Pt.
		100m Mariposa		1:27.29		1:29.48	105% RP	Pt.
		200m Mariposa	3	3:06.81		--	RP	Pt.
Galhano Eduardo Reis	98 :	50m Livres		36.31		--	RP	Pt.
		50m Livres		35.31		--	RP	Pt.
		100m Livres		1:16.45		--	RP	Pt.
		100m Livres	3	1:12.17		--	RP	Pt.
		200m Livres	10	2:36.34		--	RP	Pt.
Goncalves Diogo Mendes	97 :	50m Bruços		39.50		--	RP	Pt.
		50m Bruços		40.82		--	RP	Pt.
		100m Bruços	6	1:23.49		1:25.94	106% RP	Pt.
		100m Bruços		1:27.48		1:25.94	97%	Pt.
		200m Bruços	2	2:58.50		2:55.89	97%	Pt.
Guerra Mariana Cunha	98 :	50m Livres		31.03		29.79	92%	Pt.
		100m Livres		1:04.67		1:02.66	94%	Pt.
		200m Livres	1	2:13.17		2:16.43	105% RP	Pt.
		50m Mariposa		32.17		31.78	98%	Pt.
		100m Mariposa		1:08.85		1:08.19	98%	Pt.
		200m Mariposa	1	2:26.78		--	RCSCC	Pt.
Machado Florbela Cavaco	96 :	50m Livres		32.35		29.91	85%	Pt.
		100m Livres		1:06.71		1:04.06	92%	Pt.
		200m Livres		2:17.24		2:13.16	94%	Pt.
		400m Livres		4:39.20		4:34.01	96%	Pt.
		800m Livres	1	9:21.54		9:19.38	99%	Pt.
		50m Bruços		43.55		45.01	107% RP	Pt.
		100m Bruços	2	1:31.61		1:35.01	108% RP	Pt.

Machado Vanessa Branco	98 :	50m Livres		31.91	33.84	112%	RP	Pt.
		50m Livres		32.94	33.84	106%	RP	Pt.
		100m Livres	3	1:06.81	1:09.74	109%	RP	Pt.
		100m Livres		1:10.57	1:09.74	98%		Pt.
		200m Livres		2:27.81	2:28.92	102%	RP	Pt.
		400m Livres		5:03.20	5:13.65	107%	RP	Pt.
		800m Livres	2	10:11.39	10:39.50	109%	RP	Pt.
Marques Diogo Manuel	98 :	50m Livres		34.11	37.01	118%	RP	Pt.
		100m Livres		1:11.63	1:19.40	123%	RP	Pt.
		200m Livres		2:29.14	2:44.68	122%	RP	Pt.
		400m Livres		5:04.37	5:28.62	117%	RP	Pt.
		800m Livres		10:13.54	--		RP	Pt.
		1500m Livres	2	19:31.28	--		RP	Pt.
		50m Mariposa		35.57	37.92	114%	RP	Pt.
		100m Mariposa		1:16.29	1:25.73	126%	RP	Pt.
		200m Mariposa	1	2:41.64	3:05.90	132%	RP	Pt.
Mota Leandro Fernandes	98 :	50m Livres		32.12	34.31	114%	RP	Pt.
		100m Livres		1:07.86	1:12.57	114%	RP	Pt.
		200m Livres	1	2:19.19	2:33.13	121%	RP	Pt.
		50m Costas		36.28	--		RP	Pt.
		100m Costas		1:16.90	--		RP	Pt.
		200m Costas	1	2:37.79	--		RP	Pt.
Neto Hugo Neves	94 :	50m Mariposa		31.98	31.08	94%		Pt.
		100m Mariposa		1:11.21	1:08.78	93%		Pt.
		200m Estilos	2	2:27.06	2:30.03	104%	RP	Pt.
		400m Estilos	1	5:07.73	--		RP	Pt.
Samagaio Iolanda Santos	98 :	50m Livres		40.92	--		RP	Pt.
		50m Livres		38.25	--		RP	Pt.
		100m Livres		1:26.40	--		RP	Pt.
		100m Livres	10	1:20.33	--		RP	Pt.
		200m Livres	11	2:54.80	--		RP	Pt.
Stefaniv Roman	98 :	50m Livres		32.43	34.67	114%	RP	Pt.
		100m Livres		1:09.96	1:15.23	116%	RP	Pt.
		200m Livres	3	2:23.06	2:40.08	125%	RP	Pt.
		50m Mariposa		34.46	38.21	123%	RP	Pt.
		200m Estilos	2	2:41.60	2:57.46	121%	RP	Pt.

Total 93 resultados individuais, desempenho médio: 105,6%

2 novos rec. Clube, 73 novos rec. pessoais

Maior melhoria: Marques Diogo Manuel, 200m Mariposa 2:41.64