

Sumário de resultados

Piscina longa (50m),

Apelido, Nome	Ano Nasc.	Strecke	Pl.	Tempo	Sessão	Antigo PB.	Difer.	
Alves Tiago Miguel	95 :	50m Livres		30.44		28.74	89%	Pt.
		50m Livres		31.47		28.74	83%	Pt.
		50m Livres		32.61		28.74	78%	Pt.
		50m Livres		29.03		28.74	98%	Pt.
		100m Livres		1:07.26		1:00.01	80%	Pt.
		100m Livres	14	1:00.46		1:00.01	99%	Pt.
		100m Livres		1:03.83		1:00.01	88%	Pt.
		100m Livres		1:06.13		1:00.01	82%	Pt.
		200m Livres		2:13.91		2:08.91	93%	Pt.
		200m Livres		2:17.28		2:08.91	88%	Pt.
		200m Livres	10	2:11.64		2:08.91	96%	Pt.
		400m Livres	3	4:32.77		4:31.58	99%	Pt.
		400m Livres		4:38.97		4:31.58	95%	Pt.
		800m Livres		9:28.81		9:30.17	100%	RP Pt.
		1500m Livres	4	18:00.52		18:09.39	102%	RP Pt.
		50m Mariposa		33.94		31.44	86%	Pt.
		100m Mariposa		1:11.57		1:08.49	92%	Pt.
		200m Estilos	9	2:37.47		2:28.18	89%	Pt.
		400m Estilos	5	5:14.64		5:11.65	98%	Pt.
		Machado Florbela Cavaco	96 :	50m Livres		32.11		29.91
50m Livres				32.84		29.91	83%	Pt.
50m Livres				32.87		29.91	83%	Pt.
50m Livres	20			30.52		29.91	96%	Pt.
50m Livres				32.01		29.91	87%	Pt.
50m Livres				31.98		29.91	87%	Pt.
100m Livres				1:05.89		1:04.06	95%	Pt.
100m Livres				1:07.48		1:04.06	90%	Pt.
100m Livres	13			1:05.00		1:04.06	97%	Pt.
100m Livres				1:07.19		1:04.06	91%	Pt.
100m Livres				1:06.82		1:04.06	92%	Pt.
200m Livres	5			2:13.28		2:13.16	100%	Pt.
200m Livres				2:17.43		2:13.16	94%	Pt.
200m Livres				2:17.08		2:13.16	94%	Pt.
200m Livres				2:17.87		2:13.16	93%	Pt.
400m Livres				4:40.18		4:34.01	96%	Pt.
400m Livres	3			4:37.90		4:34.01	97%	Pt.
400m Livres				4:39.73		4:34.01	96%	Pt.
800m Livres	2			9:25.01		9:19.38	98%	Pt.
800m Livres				9:27.56		9:19.38	97%	Pt.
1500m Livres	1	17:49.43		17:38.39	98%	Pt.		

Neto Hugo Neves	94 :	50m Livres		31.16	28.90	86%		Pt.
		50m Livres		31.36	28.90	85%		Pt.
		50m Livres		31.10	28.90	86%		Pt.
		100m Livres		1:05.20	1:00.28	85%		Pt.
		100m Livres		1:04.39	1:00.28	88%		Pt.
		100m Livres		1:04.57	1:00.28	87%		Pt.
		200m Livres		2:13.84	2:08.82	93%		Pt.
		200m Livres		2:12.01	2:08.82	95%		Pt.
		200m Livres		2:12.38	2:08.82	95%		Pt.
		400m Livres	5	4:22.40	4:33.80	109%	RP	Pt.
		400m Livres		4:28.60	4:33.80	104%	RP	Pt.
		400m Livres		4:31.43	4:33.80	102%	RP	Pt.
		800m Livres		9:04.84	9:13.81	103%	RP	Pt.
		800m Livres	2	8:56.85	9:13.81	106%	RCSCC	Pt.
		1500m Livres	2	17:10.56	17:35.68	105%	RCSCC	Pt.
		50m Bruços		38.24	34.34	81%		Pt.
		100m Bruços		1:21.88	1:15.70	85%		Pt.
		200m Bruços	18	2:47.49	2:45.99	98%		Pt.
		50m Mariposa		31.09	31.08	100%		Pt.
		100m Mariposa		1:07.99	1:08.78	102%	RP	Pt.
		200m Estilos	15	2:25.18	2:27.06	103%	RP	Pt.
		400m Estilos	8	5:01.68	5:07.73	104%	RP	Pt.

Total 62 resultados individuais, desempenho médio: 93,4%  
2 novos rec. Clube, 11 novos rec. pessoais  
Maior melhoria: Neto Hugo Neves, 400m Livres 4:22.40